Ham Walk
Start in Ham Street free car park (A). Walk upstream along the riverside path (beautifully shady on hot days) and continue for about a mile and a half, passing Eel Pie Island then crossing a bridge over an inlet (B). On the left are playing fields then Ham Riverside Lands (created with rubble from London’s bomb sites) making this a walk which could be in the depths of the countryside. Eventually reach Teddington Lock (C) – up to 15 million gallons of water cascade through every day. To access the lock, with all its boating activity, you need to surmount an 8.5° step. Pass the lock then take a left fork away from the river. Keep on this tarmac path till you reach Riverside Drive (D) which cross into a continuation of the footpath. Continue on the path as it crosses diagonally over Hardwicke Road. At Broughton Avenue (E) for a few yards before again follow the cycle path directions along Lock Road to Ham Common (F). On Ham Common down Ham Street (signposted Ham House) which takes you directly back to the car park, past the Grey Court School gates (G) then curving back to the river.

Teddington Lock Footbridge
Now wheelchair accessible with ramps both ends.

Pubs, Restaurants & Shops
On the other side of the river in Teddington is the popular and accessible Anglers pub/restaurant. Ham Brewery Tap (Ham Street) serves meals in an accessible marquee-covered courtyard in summer. For a Mediterranean-style experience wander round the Palm Centre, Ham Street. Ham House serves tea and cakes in the accessible Orangery or outside in a delightful garden area when fine (garden charge applies).

You might like to explore...
Ham House (National Trust) the ‘sleeping beauty’ amongst country houses is much as it was in Stuart times, open Saturday to Wednesday, April to October. Stairclimber takes wheelchairs to ground floor but many conventional wheelchairs don’t fit the lift. If you can transfer you’ll find the wheelchairs provided do allow access to the first floor, filled with portraits of stalwart military gentlemen, and a most interesting basement kitchen. The 17thC garden is accessible. Don’t let the little white dog bother you – it’s only a ghost!

Disability Loo
Accessible loo in the Anglers pub across Teddington Lock bridge and Ham House Orangery.

**ROUTE INFORMATION**

Around three miles, partly along a riverside path that can be somewhat bumpy and is muddy in Winter (big puddles after rain) but provides one of the most pleasantly rural stretches of this part of the Thames.

**Surface**
Path surfaces shown on map:
- a. Hard, firm, smooth, few loose stones, none more than 5 mm
- b. As a, loose stones no more than 10mm
- c. Hard, firm, some loose stones no more than 10mm.

**Hazards**
A rough area on the towpath and a stretch with no pavement on Ham Street.

**Kerbs**
Highest kerb 40mm.

**Gradient Uphill**
Maximum gradient 1:12.

**Cross Slope**
The only cross slope 1:8.

**Public Transport**
Bus route 371 along Broughton Avenue and Sandy Lane.
Tel: 020 7222 1234.

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**Key:**
- Turn left  
- Turn right  
- Straight ahead  
- Go back